ZEN PROGRAMS IN WIDEX COMPASS™ CLOUD

STEP-BY-STEP FITTING GUIDE

Widex Tinnitus Solutions bring together Zen programs in Widex Compass Cloud, wearer support in the Allure app and digital counseling resources to help you confidently support wearers with hearing loss and tinnitus.

This guide focuses on how to choose, demonstrate and personalize a Zen program in the Widex Compass Cloud fitting software.

TINNITUS SUPPORT. LED BY YOU.

- Choose
- Listen
- Personalize

1. START WITH THE FIRST FIT SETTINGS APPROPRIATE FOR THE WEARER'S LISTENING NEEDS.

CONSIDER SENSOGRAM

For tinnitus-focused fittings, in-situ thresholds can provide added precision in the fitting foundation.

INCREASE ACCESS TO SOFT SOUNDS

Consider a small increase in soft-level gain to improve access to environmental sound without drawing unwanted attention to louder sounds.

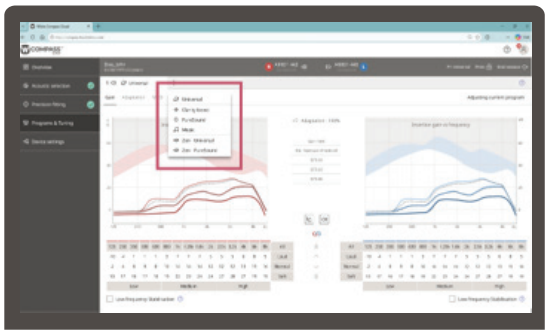
REVIEW NOISE MANAGEMENT

Consider whether noise reduction is making quiet environments too quiet. Adjust noise management or create a secondary program when appropriate

2. ADD A ZEN PROGRAM

Open the program-selection area and add a Zen program based on either Universal or PureSound.

When adding multiple Zen programs, the default Zen style for each program will alternate to provide quick access to multiple Zen styles.



3. CHOOSE: EXPLORE THE ZEN STYLES

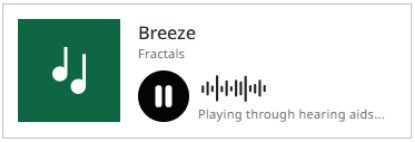
Choose from 14 Zen styles across four sound categories: fractal tones, nature sounds, shaped noise and combination styles. Explore the options together and use the wearer's response and preferences to guide the selection. There is no single "right" Zen style.



LEARN MORE ABOUT ZEN STYLES AT WIDEXPRO.COM/EN/TINNITUS/ZEN

4. LISTEN: LET THE WEARER EXPERIENCE THE OPTIONS

Demonstrate selected Zen styles directly through the connected hearing aids. Invite the wearer to compare the options: Which feels most comfortable? Which sound could they comfortably listen to for longer? Use their response to decide whether to continue with that style or explore another.



5. PERSONALIZE: FINE-TUNE THE EXPERIENCE

Set the Zen level

Begin with the starting level calculated by the Widex fitting rationale. Adjust the level until the annoyance associated with tinnitus begins to decrease.

Check speech clarity

Ask the wearer to converse in a quiet room while Zen is active. Speech should remain clear and dominant. If speech clarity is reduced, lower the Zen level.

Confirm the balance

In quiet, Zen should be audible as a soft sound and blend into the background rather than fully mask tinnitus. Continue to adjust the microphone setting and underlying hearing-program settings as needed.

6. CONFIRM THE FIT AND SUPPORT USE AT HOME

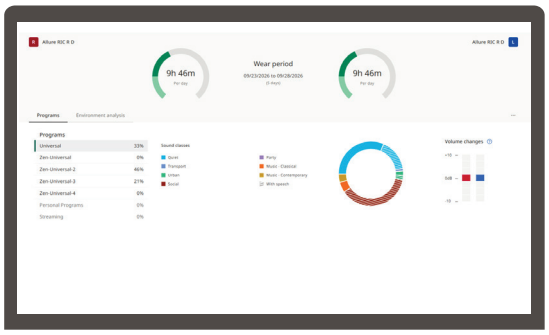
Confirm that the selected sound remains comfortable and usable. Show how to access and control the Zen program in the Widex app, then save the fitting session as usual.



7. AT THE FOLLOW UP TUNING APPOINTMENT

Data logging in Widex Compass Cloud will help you view the program wear time, volume control and program usage information.

Ask how and when the wearer used Zen, which styles and settings they preferred, and whether the sound remained comfortable without interfering with speech. Refine the fitting as needed and reinforce the guidance provided during the initial appointment



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